

# King County Regional Support Network 2007 Year End Mental Health Report Card

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# **ACCESS**

## **Total Served**

Table 1. Total Unduplicated Number of Persons Served, Fourth Quarter Comparisons

	4Q2005	4Q2006	4Q2007
All services <sup>1</sup>	35,845	35,079	35,100
Outpatient services	28,406	28,108	27,750

## **Medicaid and Non-Medicaid Access**

2001 was the last full year before budget reductions required reduced access to outpatient services for persons not on Medicaid. Numbers of Medicaid served have risen considerably since that time while non-Medicaid access to outpatient services has dropped substantially. Nearly all Medicaid-enrolled individuals are seen in outpatient services while nearly all non-Medicaid are only seen in non-outpatient crisis services.

Table 2. Persons who were Medicaid at Service Start, Fourth Quarter Comparisons

	2001 Baseline, Medicaid	4Q2005 Medicaid	4Q2006 Medicaid	4Q2007 Medicaid
All services	23,181	29,054	28,373	27,641
Outpatient services	21,973	28,052	27,617	27,060

Table 3. Persons who were Non-Medicaid at Service Start, Fourth Quarter Comparisons

	2001 Baseline, Non-Medicaid	4Q2005 Non-Medicaid	4Q2006 Non-Medicaid	4Q2007 Non-Medicaid
All services	8,765	6,791	6,706	7,459
Outpatient services	2,579	354	492	690

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<sup>&</sup>lt;sup>1</sup> "All Services" includes outpatient, inpatient, residential, and crisis services. "Outpatient services" refers to outpatient tier benefits only.

## **Age Group Access, Outpatient Services**

Beginning January 1, 2004, the KCRSN implemented state Mental Health Division (MHD) outpatient access to care criteria. In order to identify access trends, we are monitoring by age group the persons served in outpatient (tier) services. Over the last two years, access for youth has declined slightly, while other groups have increased.

**Table 4. Age Group Access** 

	4Q	2005	40	Q2006	4Q2007			
	#	% of total	#	% of total	#	% of total		
Children	7,889	29.7%	8,179	29.1%	7,798	28.1%		
Adults	15,035	56.5%	15,948	56.7%	15,734	56.7%		
Older Adults	3,639	13.7%	3,983	14.2%	4,218	15.2%		

## **Parity**

Asian/Pacific Island adults (0.58) and Caucasians of all ages (children 0.79, adults 0.73 and older adults 0.74) have parity ratios of less than 1.0. These patterns have continued over the last two years. A parity ratio of less than 1.0 means that fewer persons are served in the mental health system than their proportion in the overall population would suggest.

#### **Special Needs Populations**

Access for other special needs populations, compared to fourth quarter 2006, varied by population. Specifically:

- The monthly average number of deaf/hard of hearing clients decreased by 4%
- The monthly average number of medically compromised/homebound clients decreased by 9%
- The monthly average number of clients who self-identified as sexual minorities decreased by 7%
- The monthly average number of clients with disabilities decreased by 1%

Over the year access for special needs populations declined at a slightly higher rate (3%) than the 1% decline for outpatients (see Table 1).

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## SERVICE UTILIZATION

#### **Outpatient Tier Distribution**

Tier distribution patterns continue to shift away from Tier 2 and toward 3A benefits, which increases the expenditure of outpatient funds.

Q4 Q4 Q4 2006 % 2005 % 2007 % Tier 2 18.8 15.3 13.1 Tier 3A 76.9 80.2 82.3 Tier 3B 4.3 4.4 4.4 100 Total 100 100

Table 5. Tier Distribution Percents, 4Q2005-4Q2007

# **Outpatient Service Hours**

Compared to fourth quarter 2006:

- The total number of outpatient service hours delivered decreased by 10.2%.
- The average number of service hours per client decreased by 4%. Hours per older adults and adults decreased by 9% and 6% respectively, while hours per child *increased* by 4%.

#### **Other Services**

Compared to fourth quarter 2006:

- Overall Crisis and Commitment caseload increased by 2%. However, crisis outreaches by the
  Designated Mental Health Professionals (DMHPs) decreased by 18.5%, a decline that was also
  shown during the previous two quarters. This may be partially explained by a continuing trend following the loss of the centralized Crisis Triage Unit at Harborview in 2005 for police in
  outlying areas to take people to local emergency rooms to be seen by DMHPs rather than
  waiting for DMHPs with people at their homes (DMHP contacts within hospitals or king county jail
  are not considered "outreaches").
- While overall caseload numbers have not changed, adult involuntary detentions increased by 77 (4%), while juvenile involuntary detentions increased by 6 (8%), possibly indicating an increased acuity in the population served.

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- Total revocations of involuntary least restrictive alternative orders (persons involuntarily rehospitalized after being released to the community on a court order) decreased by 30 (9%).
- Total involuntary evaluation and treatment bed days increased by 79 (<1%).</li>
- Total residential long-term rehabilitation bed days (the most intensive level of residential treatment) changed by less than 1.0%, while supervised living bed days decreased by 21,174 days (22%) as the RSN has begun an increase in supported housing beds.
- Adult voluntary inpatient authorizations decreased by 70 (5%), while children's voluntary inpatient authorizations increased by 35 (22%).
- Western State Hospital (WSH) monthly average bed days used increased by 6%. WSH bed use
  was at 100% of the target cap days (adjusted upwards as of July 2007) compared to 110%
  during the fourth quarter of 2006.

## **FINANCIAL**

The RSN's finances were stable in the fourth quarter of 2007. The calendar year ended with a moderate increase to reserves, primarily from contingencies and local funds.

# **OUTPATIENT OUTCOMES AND SYSTEM ACCOUNTABILITY MEASURES**

The 4Q2007 outpatient outcome results, compared to 4Q2006, are:

Level of functioning	Mixed
Homelessness	Improved
Independent housing	Mixed
Age appropriate activity	Mixed
Paid employment	Improved
Voluntary hospitalizations (number)	Improved
Voluntary hospitalization (length of stay)	Not improved
Contact after voluntary hospitalization	Not improved
Contact after involuntary hospitalization	Not improved
Adult incarcerations	Improved
Contact after incarceration (adult)	Not improved

"Improved" and "Not improved" are assessments related only to the previous year's results; changes can be as small as .1%. See "Client Outcomes" section of the report card for further detail.

Juvenile detention episodes and contact after juvenile incarceration are not reported as juvenile detention data are not currently available.

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# King County Regional Support Network 2007 Year End Mental Health Report Card Level 1.0: Summary Data

	2005	2006	2007	% Over		2005			% Over							
Level 2.1: Client		Monthly	Monthly	(Under)	Level 2.1: Outpatient Tier	Monthly	2006 Monthly	2007 Monthly	(Under)	Level 2.5: Outpatie	nt Benefit A	t Benefit Analysis, including				
Data	Average	Average	Average	2006	Services	Average	Average	Average	2006		on-Medicaio					
					1b - Maintenance	0	0	0								
ALL SERVICES, including	<u> </u>				2b - Stability	4,050		2,629	(19.0%)	2007		Annualized	•			
Children Served	6,888	6,504	5,945	,	3a - Rehabilitation	16,518		16,419	(3.6%)			Hours per	Pmt per			
Adults Served	13,648	13,518	13,005		3b - Exceptional Care	920		891	(5.0%)		per Month	Person	Hour			
Older Adults Served	3,111	3,191	3,246		Total Served	21,488	21,211	19,939	(6.0%)							
Total Served	23,647	23,213	22,196	(4.4%)						Total Children Served	5,598	25.05	\$135.94			
					ChildrenTXIX / All	97.9%	96.5%	96.4%	(0.1%)	Total Adults Served	11,307	39.14	\$70.33			
Medicaid Served	21,478	,	19,465	(6.6%)	AdultTXIX / All	97.4%	95.5%	93.9%	(1.7%)	Total Older Adults Served	3,034	25.81	\$105.05			
Non-Medicaid Served	2,169	2,373	2,731	15.1%	Older AdultTXIX / All	98.5%	97.5%	96.8%	(0.8%)	Total Served	19,939	33.16	\$88.36			
Total Served	23,647	23,214	22,196	(4.4%)												
									% Over	2006	Average	Annualized	Average			
Medicaid Population	179,296	179,348	175,579	(2.1%)			2006	2007	(Under)		# Served	Hours per	Pmt per			
Penetration Rate	11.98%	11.62%	11.09%	(4.6%)	Level 2.4: Financial Data		Actual	Projected	Budget		per Month	Person	Hour			
					Beginning Fund Balance		#REF!	#REF!	#REF!							
Non-Medicaid Population	1,600,002	1,608,951	1,632,720	1.5%						Total Children Served	6,169	24.14	\$127.41			
Penetration Rate	0.14%	0.15%	0.17%	13.4%	Revenues:					Total Adults Served	12,035	41.71	\$59.62			
					*State Non-Medicaid		#REF!	#REF!	#REF!	Total Older Adults Served	3,006	28.38	\$86.49			
				% Over	*PIHP Old Distribution		#REF!	#REF!	0.0%	Total Served	21,210	34.71	\$76.45			
Level 2.2:	2005	2006	2007	(Under)	*PIHP Medicaid		#REF!	#REF!	#REF!							
Demographics	Actual	Actual	Actual	2006	*Federal Funds from local match		#REF!	#REF!	#REF!	2005	Average	Annualized	Average			
5					*Federal Grants		#REF!	#REF!	#REF!			Hours per	Pmt per			
Note: A parity score of 1.00 i	ndicates that o	clients are bei	ing served wit	h a	*State		#REF!	#REF!	#REF!		per Month		Hour			
frequency identical to the			•		*Local government		#REF!	#REF!	#REF!		por monar	1 010011	Hour			
rioquorioy identical to ti	ion provaiono	o iii tiio gono	rai population		*CJ for CTU		#REF!	#REF!	#REF!	Total Children Served	6,383	27.53	\$109.81			
Child - Parity Ratio					*Current Expense		#REF!	#REF!	#REF!	Total Adults Served	12,167	45.36	\$54.07			
Afro-American	4.18	6.00	5.06	(15.8%)	Total Revenues		#REF!	#REF!	#REF!	Total Older Adults Served	2,938	28.23	\$85.32			
Asian Pacific	0.95	1.06	1.09							Total Served	21,488	37.72	69.35			
Caucasian	1.03	0.90		(11.7%)	Expenditures:					10141 001 104	,	· · · · ·	***************************************			
Hispanic	1.71	2.32	2.37	2.1%	* County Managed Services		#REF!	#REF!	#REF!	Over (Under) Actual	Average	Annualized	Average			
American Indian	3.94	4.92	4.86		* PIHP Outpatient Tier Services		#REF!	#REF!	#REF!	2007 versus 2006		Hours per	Pmt per			
				(11275)	* PIHP Inpatient Tier Services		#REF!	#REF!	#REF!		per Month		Hour			
Adult - Parity Ratio					* PIHP Residential & Crisis Services		#REF!	#REF!	#REF!		por morni.	. 0.00	11001			
Afro-American	3.66	4.04	3.95	(2.4%)	* PIHP Hospital Alternatives		#REF!	#REF!	#REF!	Total Children Served	(571)	0.91	\$8.53			
Asian Pacific	0.66	0.60	0.58	(2.3%)	* PIHP Specialized Services		#REF!	#REF!	#REF!	Total Adults Served	(728)	(2.57)	\$10.71			
Caucasian	0.73	0.75	0.73	(3.0%)	* Administration		#REF!	#REF!	#REF!	Total Older Adults Served	28	(2.57)	\$18.56			
Hispanic	1.19		1.09	7.9%	Post 14th month Adj		#REF!	#REF!	# IXE1 :	Total Served	(1,271)	(1.55)	\$11.91			
American Indian	2.64	2.86	2.89	0.9%	Total Base Expenditures		#REF!	#REF!	#REF!		(-,,	(1100)	******			
	2.01		2.00	0.070	ENDING FUND BALANCE		#REF!	#REF!		Percentage Change	Average	Annualized	Average			
Older Adult - Parity Ratio					PIHP Risk Reserves		#REF!	#REF!		2007 versus 2006		Hours per	Pmt per			
Afro-American	5.06	2.40	2.39	(0.5%)	Operating Reserves		#REF!	#REF!			per Month		Hour			
Asian Pacific	1.11	1.74	1.85	6.5%	Inpatient Reserves		#REF!	#REF!			рег-монит	1 013011	- Hour			
Caucasian	0.64	0.75	0.74	(1.4%)	inpatient Neserves		#REF!	#REF!		Total Children Served	(9.3%)	3.8%	6.7%			
Hispanic	4.06	3.02	3.07	1.9%	Carryover Encumbrance		#REF!	#REF!		Total Adults Served	(6.1%)	(6.2%)	18.0%			
American Indian	4.06		2.31	22.4%	Total Reserve & Encumbrance		#REF! #REF!	#REF!		Total Older Adults Served	(6.1%) 0.9%	(6.2%)	21.5%			
AITICITUALI ITIUIAIT	4.72	1.00	2.31	ZZ. <del>4</del> 70	ENDING UNDESIGNATED FUND BALA	NCF	#REF!	#REF!		Total Served	(6.0%)	(9.1%) <b>(4.5%)</b>	15.6%			
Paga 5	,				LINDING UNDESIGNATED FUND BALA	INCE	#NEF!	#NEF!		i otai Sei veu	(0.0%)	(4.5%)	13.0%			

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# King County Regional Support Network 2007 Year End Mental Health Report Card Level 2.1: Client Data

				1	All Clien	ts Serve	ed: MHP	and RS	N						
L MHP & RSN SERVICES ildren Served ults Served der Adults Served tal Served	Jan-07 6,205 13,436 3,302 <b>22,943</b>	Feb-07 6,122 13,395 3,285 <b>22,802</b>	Mar-07 6,186 13,457 3,312 <b>22,955</b>	Apr-07 6,124 13,421 3,291 <b>22,836</b>	May-07 6,122 13,460 3,300 <b>22,882</b>	Jun-07 6,073 13,403 3,271 <b>22,747</b>	Jul-07 5,846 12,696 3,233 <b>21,775</b>	Aug-07 5,700 12,608 3,199 <b>21,507</b>	Sep-07 5,651 12,424 3,179 <b>21,254</b>	Oct-07 5,712 12,522 3,189 <b>21,423</b>	Nov-07 5,775 12,598 3,184 <b>21,557</b>	Dec-07 5,821 12,635 3,211 <b>21,667</b>	2007 Monthly Average 5,945 13,005 3,246 22,196	20,669 4,804	
edicaid Served on-Medicaid Served otal Served	19,846 3,097 <b>22,943</b>	19,716 3,086 <b>22,802</b>	19,856 3,099 <b>22,955</b>	19,778 3,058 <b>22,836</b>	19,801 3,081 <b>22,882</b>	19,699 3,048 <b>22,747</b>	19,300 2,475 <b>21,775</b>	19,154 2,353 <b>21,507</b>	19,011 2,243 <b>21,254</b>	19,116 2,307 <b>21,423</b>	19,110 2,447 <b>21,557</b>	19,188 2,479 <b>21,667</b>	19,465 2,731 <b>22,196</b>	7,459	
edicaid Population enetration Rate on-Medicaid Population enetration Rate	176,495 11.2% 1,631,804 0.19%	175,442 11.2% 1,632,857 0.19%	176,880 11.2% 1,631,419 0.19%	176,726 11.2% 1,631,573 0.19%	176,739 11.2% 1,631,560 0.19%	176,384 11.2% 1,631,915 0.19%	176,425 10.9% 1,631,874 0.15%	174,461 11.0% 1,633,838 0.14%	174,255 10.9% 1,634,044 0.14%	174,146 11.0% 1,634,153 0.14%	174,150 11.0% 1,634,149 0.15%	174,850 11.0% 1,633,449 0.15%	175,579 11.1% 1,632,720 0.17%		
12,000	Children	Served	13	s,500 <b>•</b>		•	Adults & Old	der Adults Se	rved	30,000				All Clients Serv	/ed
9,000 7,500 6,000 4,500	• • • •		12 10 9 7	2,000 1,500 1,000 2,500 3,000			•	·	Adults	20,000	<b>A A</b>	<b>A A</b>	<b>A A</b>	A A A	
3,000 1,500	- 70-10L - 70-10L - Aug-07	Oct-07 - Nov-07 -	3	5,500 5,000 5,000 7,500 7,500	Mar-07 -	May-07	- 70-luľ		Older Adults	Dec-07 Leg	Feb-07 - Mar-07 -	Apr-07 - May-07 -	- 70-InC	Aug-07 - Sep-07 - Oct-07 -	0 20
				0	utpatien	t Tier Se	ervices (	MHP Or	nly)						
b - Maintenance	Jan-07 -	Feb-07 -	Mar-07 -	Apr-07 -	May-07 -	Jun-07 -	Jul-07 -	Aug-07 -	Sep-07 -	Oct-07	Nov-07	Dec-07 -	2007 Monthly Average 0	-	
2 - Stability 8a - Rehabilitation 8b - Exceptional Care Fotal Served	2,908 16,859 898 <b>20,665</b>	2,861 16,795 899 <b>20,555</b>	2,854 16,961 911 <b>20,726</b>	2,796 16,923 898 <b>20,617</b>	2,761 16,964 907 <b>20,632</b>	2,718 16,849 904 <b>20,471</b>	2,557 16,016 877 <b>19,450</b>	2,484 15,807 866 <b>19,157</b>	2,425 15,728 871 <b>19,024</b>	2,410 15,875 885 <b>19,170</b>	2,395 16,041 891 <b>19,327</b>	2,377 16,213 881 <b>19,471</b>	2,629 16,419 891 <b>19,939</b>	23,158 1,409	
TXIX Children / All Children TXIX Adults / All Adults	95% 92%	95% 92%	95% 92%	95% 92%	96% 92%	96% 92%	97% 96%	98% 97%	98% 97%	98% 97%	97% 96%	97% 95%	96.4% 93.9%	n/a n/a	

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96%

98%

98%

98%

TXIX Older Adults / All Older Adults

96%

96%

96%

96%

96%

97%

98%

96.8%

n/a

## King County Regional Support Network 2007 Year End Mental Health Report Card Level 2.2: Demographic Data

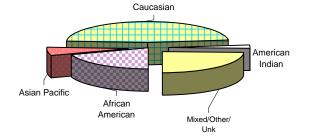
					Age-Based, Eth	nic, an	d Othe	r Demo	ographics	5					
	Child Den		S		P	Adult Der	nographi )07	cs	Olde	Older Adult Demographics					
	20	007					20	07							
	Number Children	% Children	Total Census Parity		Number Adults	% Adults	% All Ages	Total Census Parity		Number Older Adults	% Older Adults	% All Ages	Total Census		
Group	Served	Served	Served	Ratio	Group	Served	Served	Served	Ratio	Group	Served	Served	Served	Parity Ratio	
African American	1,863	19.7%	5.4%	5.06	African American	3,793	18.6%	10.9%	3.95	African American	350	7.3%	1.0%	2.39	
Asian Pacific	607	6.4%	1.8%	1.09	Asian Pacific	1,225	6.0%	3.5%	0.58	Asian Pacific	696	14.6%	2.0%	1.85	
Caucasian	4,439	46.9%	12.8%	0.79	Caucasian	12,885	63.1%	37.2%	0.73	Caucasian	3,239	68.0%	9.3%	0.74	
American Indian	244	2.6%	0.7%	4.86	American Indian	490	2.4%	1.4%	2.89	American Indian	52	1.1%	0.2%	2.31	
Mixed/Other/Unk	2,314	24.4%	6.7%		Mixed/Other/Unk	2,021	9.9%	5.8%		Mixed/Other/Unk	429	9.0%	1.2%		
Total	9,467	100.0%	27.3%		Total	20,414	100.0%	58.9%		Total	4,766	100.0%	13.8%		
Hispanic*	1,631	17.2%	4.7%	2.37	Hispanic*	1,455	7.1%	4.2%	1.09	Hispanic*	259	5.4%	0.7%	3.07	

Notes: \* Hispanic origin is counted separately from ethnicity. This is consistent with the State of Washington definitions.

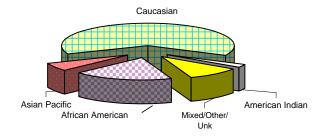
The state census data does not include a category for mixed ethnicity. In order to calculate the parity ratio, the clients in the Mixed/Other/Unknown category were distributed proportionally among the three non-caucasian ethnic categories. Parity is reached when a group receives services according to its percentage in the King County population. MHD contracts for parity levels of 10 or greater for ethnic minorities. (Less than 1.0 indicates the proportion of clients served is less than their proportion in the King County population)

# 2007 Percentage of Population Served

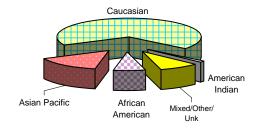
#### **Child Ethnic Service Percentages**



#### **Adult Ethnic Service Percentages**



#### **Older Adult Ethnic Service Percentages**



# **Other Demographics**

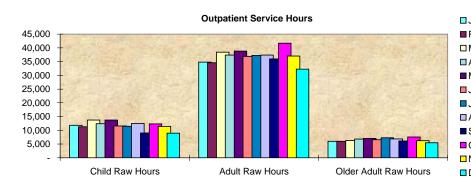
	Jan-07	Feb-07	Mar-07	Apr-07	May-07	Jun-07	Jul-07	Aug-07	Sep-07	Oct-07	Nov-07	Dec-07 2	2007 Monthly Average
Deaf/Hard of Hearing	439	443	436	426	425	420	403	405	413	410	406	409	420
Medically Compromised / Homebound	1,058	1,036	1,034	1,041	1,037	1,012	989	976	973	972	973	950	1,004
Sexual Minority	1,074	1,057	1,069	1,058	1,059	1,040	960	944	930	928	942	930	999
Disabilities (e.g. physical, neurological)	5,570	5,575	5,622	5,608	5,598	5,594	5,406	5,344	5,298	5,297	5,300	5,324	5,461

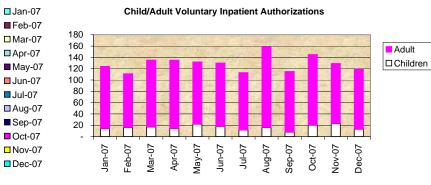
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# King County Regional Support Network 2007 Year End Mental Health Report Card

Level 2.3: Utilization Data

					sis Servi		dential Da	ys, and I	- lospita	l Days_				
Reminder: A single client's service m	Reminder: A single client's service may appear in multiple rows within a single column on this report.													
	Jan-07	Feb-07	Mar-07	Apr-07	May-07	Jun-07	Jul-07	Aug-07	Sep-07	Oct-07	Nov-07	Dec-07	Average	2007 Total
OUTPATIENT SERVICE HOURS												1	1	
Child Raw Hours	11,834	11,305	13,713	12,376	13,758	11,575	11,442	12,506	9,043	12,333	11,405	8,954	11,687	140,245
Adult Raw Hours	34,805	34,608	38,430	37,370	38,843	36,910	37,277	37,353	35,982	41,685	37,038	32,252	36,879	442,554
Older Adult Raw Hours	5,999	5,986	6,299	6,796	7,071	6,583	7,275	6,886	6,121	7,553	6,254	5,475	6,525	78,298
Total Raw Service Hours	52,638	51,899	58,443	56,542	59,672	55,067	55,994	56,746	51,146	61,572	54,697	46,681	55,091	661,097
Crisis and Commitment Services														
Total Client Caseload	670	576	645	688	644	652	682	677	574	712	644	615	648	7,779
Face-to-face Evaluations	495	434	454	484	470	473	510	466	399	495	469	436	465	5,585
CDMHP Crisis Outreaches	156	126	100	139	117	137	127	101	102	136	140	106	124	1,487
Investigations for Involuntary Detention	487	417	480	504	480	483	508	502	427	526	480	452	479	5,746
Petitions Filed for Initial Detention	171	163	165	168	159	164	178	177	156	185	156	157	167	1,999
Invol. Detention for 72 hours:														
Adult	163	155	158	159	152	158	168	168	150	178	145	149	159	1,903
Juvenile	6	7	7	8	7	5	6	9	6	7	8	8	7	84
Revocations	25	26	20	35	40	24	18	26	20	23	33	23	26	313
Other Crisis Services														
Children	64	67	89	98	103	107	82	50	68	94	108	115	87	1,045
Adults	240	222	217	206	240	238	218	238	198	222	205	211	221	2,655
Older Adults	13	6	20	10	15	16	13	16	14	11	10	7	13	151
RESIDENTIAL														
Longterm Rehab Bed Days	6,535	5,934	6,567	6,369	6,597	6,368	6,602	6,509	6,270	6,386	6,248	6,470	6,405	76,855
Supervised Living Bed Days	7,903	7,162	7,908	7,678	7,806	7,469	7,715	7,792	7,528	3,096	2,951	3,157	6,514	78,165
HOSPITALIZATION														
Voluntary Auths Children	14	16	17	14	22	18	12	16	8	20	23	13	16	193
Adult	110	95	118	121	110	112	101	143	107	125	106	106	113	1,354
Involuntary Days E&T	915	823	942	952	920	901	885	754	753	787	632	787	838	10,051
Western State Hospital														
Inpatient Days (Average for Month)	8,928	7,868	8,463	8,340	8,711	8,460	8,556	8,897	8,400	8,494	8,070	8,246	8,453	n/a
Target Cap Days (Average for Month)	8,277	7,476	8,277	8,010	8,277	8,010	8,897	8,897	8,610	8,897	8,610	8,897	8,428	n/a
Over (Under) Target	651	392	186	330	434	450	(341)	-	(210)	(403)	(540)	(651)	25	n/a
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# King County Regional Support Network 2007 Year End Mental Health Report Card

Level 2.4: Financial Data

King County RSN Three-Year Financial Plan

Revenues	2005 Actual	2006 Actual	2007 Actual
Medicaid	78,412,435	76,267,806	77,154,629
Non-Medicaid	18,711,643	29,598,453	36,014,508
State (Others)	685,420	665,780	1,487,535
King County	5,934,478	6,787,092	7,548,882
Other Local (e.g., City of Seattle)	230,662	236,268	322,949
Federal Block Grant	2,501,250	2,149,588	2,112,352
Other Federal	765,013	210,794	242,276
TOTAL REVENUES	107,240,901	115,915,781	124,883,130
Expenditures:	2005 Actual	2006 Actual	2007 Actual
Outpatient (Tier) Services			
Children (N~7,000)	19,296,295	18,978,506	19,064,935
Adult/Older Adult (N~17,000)	37,122,222	37,826,284	40,134,726
Total	56,418,517	56,804,790	59,199,660
Inpatient Services	15,370,707	11,240,971	16,772,901
Crisis & Commitment Services	5,454,680	5,957,845	7,013,568
Carve Outs, incl. Residential	26,744,446	28,835,671	33,460,127
Administration	2,688,101	2,928,107	3,162,424
TOTAL EXPENDITURES	106,676,452	105,767,384	119,608,680
Contract-required reserves	7,662,345	17,140,984	21,950,828
ENDING FUND BALANCE	1,257,810	963,784	1,196,087

#### Analysis of year to year changes:

Non-Medicaid revenue increased significantly in 2006 and 2007 due to new specialized programs such as Jail Transition Services, PACT teams, PALS funding, and the Worker Wage Increase.

Other State funding increased in 2007 primarily due to additional DCFS funding.

King County revenue increased primarily because of additional interest income due to larger reserves.

Other federal revenue decreased from 2005 to 2006 because the Children's grant ended.

Inpatient expenditures appear to dip in 2006 because a change in accounting method resulted in an expenditure lag that reduced/ understated inpatient expenditures for the last 4 months of the year. In addition, we received approximately \$2 million of liquidated damages refunds in 2006.

Crisis and Commitment expenses are up in 2007 primarily because of 2 years of retroactive salary increases, and also greatly increased filing fees.

Carve Out expenditures are up in 2007 due to new programs such as PACT, SHIFTS, CCORS expansion, Metabolic Syndrome testing, and others.

The Mental Health Division requires the RSN to have approximately \$21 to \$27 million of reserves to assure continuity of operations. These include risk, inpatient, and operating reserves.

The unreserved fund balance represents unrestricted reserves required by King County.

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# King County Regional Support Network 2007 Year End Mental Health Report Card Level 2.5: Tier Benefit Analysis

Case Mix and Case Rate Payments							
	4Q2007 AVG		4Q2007 4Q2007		Average		
	Cases 4Q2007		Case Rate	Hours	Pmt per		
	per Month	Hours	Payments	per Case	Hour		
CHILDREN							
1b - Maintenance	-	-	0		\$0.00		
2 - Stability	957	15,609	2,084,898	16.31	\$133.57		
3a - Rehabilitation	4,118	94,219	11,554,688	22.88	\$122.64		
3b - Exceptional Care	523	30,417	5,425,349	58.19	\$178.37		
Total	5,598	140,245	19,064,935	25.05	\$135.94		
ADULTS							
1b - Maintenance	-	-	475,950		\$0.00		
2 - Stability	1,208	21,793	2,218,824	18.04	\$101.81		
3a - Rehabilitation	9,757	369,471	26,260,480	37.87	\$71.08		
3b - Exceptional Care	342	51,289	2,644,221	150.15	\$51.56		
Total	11,307	442,554	31,636,121	39.14	\$70.33		
OLDER ADULTS							
1b - Maintenance	-	-	20,601		\$0.00		
2 - Stability	464	5,223	860,921	11.26	\$164.82		
3a - Rehabilitation	2,544	69,896	7,153,566	27.47	\$102.35		
3b - Exceptional Care	26	3,179	210,767	120.72	\$66.30		
Total	3,034	78,298	8,460,687	25.81	\$105.05		
ALL CLIENTS							
1b - Maintenance	-	-	496,551		\$0.00		
2 - Stability	2,629	42,625	5,164,642	16.21	\$121.16		
3a - Rehabilitation	16,419	533,587	44,968,734	32.50	\$84.28		
3b - Exceptional Care	891	84,885	8,280,337	95.30	\$97.55		
Total	19,939	661,097	59,161,743	33.16	\$88.36		

# **Average Monthly Cases by Vendors**

Asian Counseling & Referral Service
Therapeutic Health Services
Evergreen Health Care
Community House Mental Health Center
Community Psychiatric Clinic
Consejo Counseling & Referral Service
Harborview Mental Health Services
<b>Highline-West Seattle Mental Health Center</b>
Seattle Children's Home
Seattle Counseling Services
YMCA of Greater Seattle
Seattle Mental Health
Valley Cities Counseling & Consultation
Children's Hospital & Medical Center
Downtown Emergency Service Center
SeaMar Community Health Center

	Average Monthly Cases, 2007					
1b	2	3a	3b	Total		
n/a	72	1,018	16	1,105		
n/a	92	592	25	709		
n/a	1	298	25	324		
n/a	12	206	4	222		
n/a	302	1,830	17	2,149		
n/a	14	639	19	672		
n/a	172	339	110	621		
n/a	647	3,624	164	4,436		
n/a	18	34	2	54		
n/a	9	242	0	251		
n/a	1	35	16	51		
n/a	947	5,012	320	6,279		
n/a	111	1,968	104	2,182		
n/a	39	117	11	167		
n/a	113	456	58	626		
n/a	80	11	0	91		
	2,629	16,419	891	19,939		

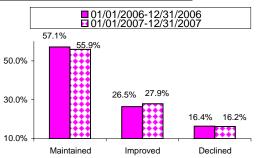
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#### **CLIENT OUTCOMES**

#### Q1: Are we able to maintain or improve the functioning of clients by the time their benefit ends?

During 2007, 83.8% of clients maintained or improved their level of functioning by the time their benefit ended, slightly higher than the 83.6% during the same period in 2006 and 81.2% in 2005.

Note: Percent based on valid data (1..8% missing data)



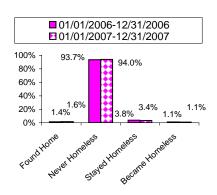
#### Q2: Are we able to reduce the number of homeless clients?

During 2007, 3.4% of clients stayed homeless, somewhat less than the 3.8% during the same period in 2006 and 3.6% in 2005.

Of the 874 clients who were homeless at the start of their benefit during 2007, 32.5% found housing by the end of their benefit, a higher rate compared to the 27.0% during this period in 2006 and 24.6% in 2005.

4.5% of clients became or stayed homeless, compared to 4.9% during this period in 2006 and 4.3% in 2005.

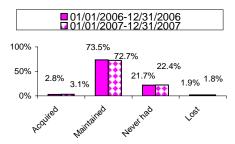
The ratio of homeless clients who found housing to clients who became homeless was 1.5:1, compared to the ratio of 1.3:1 during this period in 2006 and 1.6:1 in 2005.



#### Q3: Are we able to help clients maintain or acquire independent housing by the time their benefit ends?

During 2007, 75.8% of clients acquired or maintained independent housing, compared to 76.3% during this period in 2006 and 76.9% in 2005.

The ratio of clients who acquired independent housing to those who lost it was 1.7:1; slightly better than the ratio of 1.5:1 during this period in 2006 but similar to that ratio of 1.7:1 in 2005.

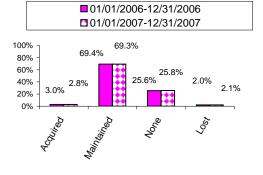


#### Q4: Are we able to help clients maintain or acquire age appropriate activities by the time their benefits ends?

During 2007, 72.1% of clients maintained or acquired age appropriate activity, compared to 72.4% during thisi period in 2006 and 71.7% in 2005.

The percent of clients who had no age appropriate activity was 25.8%, similar to the 25.6% during this period in 2006 and 26.1% in 2005.

The ratio of clients who acquired age appropriate activity to those who lost it was 1.3:1; compared to the ratio of 1.5:1 during this period in 2006 and 1.4:1 in 2005.



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